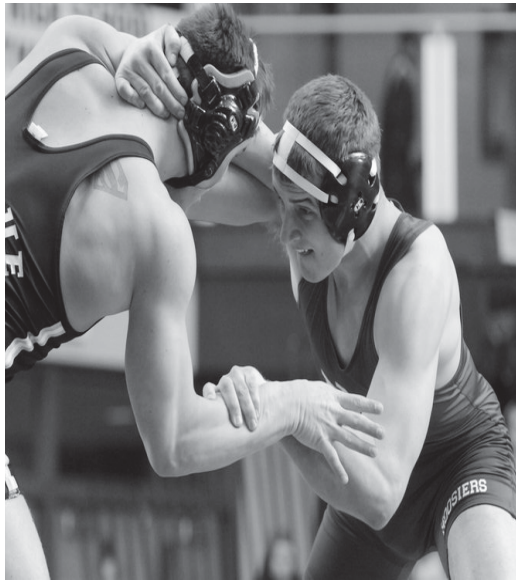


**NORTHERN KENTUCKY  
MIDDLE SCHOOL  
WRESTLING CAMP**



**JUNE 19<sup>TH</sup> 20<sup>TH</sup> & 21<sup>ST</sup>  
\*6PM-9PM\***

**IN THE BRAND NEW WALTON  
VERONA WRESTLING ROOM!**



**DESIGNED FOR THE BEGINNER  
AND THE MOST EXPERIENCED  
YOUTH WRESTLERS**

**◆ CLINICIANS/COUNSELORS ◆**



**DAVE BARNES**

- 5<sup>th</sup> year Head Coach at Walton Verona
- 5 years coaching experience on College level
- 1992 NCAA D1 All American
- 3X NCAA D1 Qualifier
- 3X Mid American Conference Champion
- Undefeated KY State Champ and MOW



**ERIC CAMERON**

- 2<sup>nd</sup> Year Assistant coach at Walton Verona
- 4 Year Starter/Graduate at IU ('11)
- 2X NCAA Qualifier
- 2X Big Ten Placemaker
- Ironman and Powerade Champion
- Top Ten HS National ranking (171 lbs)

**LANE JONES**

- 2012 KHSAA State Runner-up (152 lbs)
- 2X State Placer
- 3X State Qualifier
- Kentucky National Team Member

**LOGAN JONES**

- 2012 KHSAA State Runner-up (145 lbs)
- 2X State Placer
- Kentucky National Team Member

**CLAY BROWN**

- 2012 KHSAA State 3<sup>rd</sup> Place Finish (120 lbs)
- 2011 KHSAA State Runner-up (103 lbs)

## ◆ **CAMP INCLUDES** ◆

### **Fundamentals of a good stance**

- Staying in good position
- Being balanced and unmovable
- Moving your opponent

### **High-Percentage Offense**

- Creating more opportunities to score
- Effective Set-ups to leg attacks
- The breakdown of finishing shots

### **Being Tough on Top**

- Keeping your opponent down
- Importance of pressure and position
- Easy and highly effective turns

### **Drill Blocks/Agilities/Live Wrestling**

- Using what you learned!
- Becoming a better athlete and wrestler!

## ◆ **DIRECTIONS TO COMPLEX** ◆

### **From Cincinnati & Lexington**

- Take I-71 South Towards Louisville
- Take first exit on I-71 (Verona Exit #72) Take a left off exit
- Take a left at the first street on the left next to Rice Auto Body Shop
- There is a sign there that reads "Walton-Verona Sports complex"

### **Coming From Louisville**

- Verona Exit #72. Take a right off exit.
- Take a left at the first street on the left next to Rice Auto Body Shop
- There is a sign there that reads "Walton-Verona Sports complex"

Make Check Payable to Eric Cameron in the Amount of \$65.

### ***Contact***

(513) 348-8590

[Eric.cam@zoomtown.com](mailto:Eric.cam@zoomtown.com)

Eric Cameron

12062 Snider Rd

Cincinnati OH 45249

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Name\_\_\_\_\_

Age\_\_\_\_\_ School \_\_\_\_\_

Years Wrestled\_\_\_\_\_

\_\_\_\_\_Has my permission to participate in all events and activities with Cameron Technique, including transportation to and from any and all related activities: and I do hereby waive, release, and absolve, indemnify and agree to hold harmless Cameron Technique and Walton Verona Schools wrestling directors, coaches, and volunteers. I also authorize and give permission to the staff of Cameron Technique and Walton Verona Schools to act in my behalf in obtaining medical care in the event of an accident or illness requiring professional medical care. I fully understand the above agreement and will not hold the Cameron Technique or Walton Verona Schools staff responsible for any actions taken by them in obtaining the best medical possible for my child.

\_\_\_\_\_(Parent Signature)