



SCRAMBLE CAMP
MAY 15th & 16th

\$150

Leg attack defense has evolved from limited basic positions to a multi layered technical system in the last decade. Your defense can be as technically broad as your creativity when it comes to scrambling.

The CMP Scramble system is not designed to replace your baseline defense. The system is designed to be an extension of your baseline defense. This camp will not only cover common high level scramble positions, but will fill the gaps between your current defensive skillset and your new scramble skills.

What some see as rolling around with no control we have organized and categorized technical positions that work at the highest level. In just a short amount of time athletes will become comfortable in multiple positions to enhance their baseline defense against the best wrestlers!

Where: Vikings Wrestling Club 320 Bluff City Hwy Bristol, TN

When: May 15th & 16th 9:00AM - 3:00PM

Reminder: Pack lunches and snacks for each day

Clinician: Compound Coach Cliff Fretwell

For: All ages and skill levels.

Further Questions Contact: [Tim Marshall](#) | tmarshall7@btes.tv

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