

ST. CATHARINE PATRIOTS

HEAD COACH

SPENCER
ADAMS

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740-341-4002



ASSISTANT COACH

GARY
CANTER

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270-401-1368

Kentucky USA Camp 2015

Dates: June 29th, 30th

What you need to bring:

- Sleeping Bag or Pillow and Blanket (we will sleep on the mats)
- Clothes, swimming trunks, tennis shoes, work-out gear, towels, toothbrush, toothpaste, soap, shampoo etc
- Spending money if desired
- All food and drink will be paid for while at the camp this includes Lunch & Dinner on Monday, June 29th and includes Breakfast & Lunch on Tuesday, June 30th. Activities while at camp are all paid for as well.

Schedule:

Monday, June 29th

- **Check-In between 8:00-9:00AM** at Lourdes Hall on the campus of St. Catharine College
- Practice 9:30AM-11:00AM
- Lunch 11:30AM-12:30PM
- Practice 12:30PM-1:30PM
- Swimming Relay Races and Volleyball, Basketball, Swimming 2:00PM-5:30PM
- Dinner 6:00PM-7:00PM
- Practice/ Live Wrestling 7:00PM-8:00PM
- Mat Basketball 8:00PM-9:00PM

Tuesday, June 30th

- Breakfast 8:00AM-9:00AM
- Practice 9:30AM-11:00AM
- Lunch 11:30AM-12:00PM
- Practice 12:30PM-2:00PM
- **Parents or coaches pick up time is from 2:00PM-3:00PM**

IMPORTANT CONTACTS

Spencer Adams 740-341-4002

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Brandon Sellers 502-269-0621

Cody Gibbons 502-269-0621

WRESTLING