



# 2015 CWA FATHER & SON CLINIC

This clinic will give the opportunity for fathers and wrestlers to come together to learn and enjoy the greatest sport ever. . . wrestling! This clinic will focus on fundamental and advanced takedowns, pinning combinations, escapes and defensive techniques. There will also be a breakout session just for the fathers. Whether you are an experienced wrestling dad or a newcomer to our sport, the clinic will improve your knowledge and love of wrestling. Fathers are welcome to participate as much as they would like. Do not let the title fool you girls are welcome to join us !

Date: June 20, 2015

Cost: \$50 for Father & Son (includes lunch)

Where: 2080 Mercer Road Suite E Lexington, KY 40511

Registration: Go to [carrwrestlingacademy.net](http://carrwrestlingacademy.net), click on the camps tab and then scroll down to the bottom and fill out the registration form. You are also able to pay online by clicking on pay now. If there are questions contact 859-338-4534.

Session 1: 10:00 a.m. –12:00 p.m.

Lunch Provided by the CWA

Session 2: 1:00-3:00 p.m.

Q & A Session 3:00-3:30 p.m.

Optional Open Mat 3:30-4:30 p. m.