



Golden Cross Wrestling

PRE SEASON CAMPS

COACH AVERY ZERKLE



Head Coach La Salle High School
Head Coach Springboro HS 06 - 08
Head Coach Graham Jr. High 03-06
Assistant Graham High School 02
2x NCAA Qual. at Lock Haven Univ.
NCAA Eastern Wr. League Champ
NCAA PA Athl. Conf. Champ
OH State Champ Graham HS
OH State Runner-Up Graham HS
Jr. Nat. Freestyle Duals Nat. Champ
Jr. National Freestyle All-American
Sr. National All-American

October 17-18

November 7-8

At Cincinnati La Salle High School

Limited to 50 wrestlers. Get your application in ASAP for a guaranteed spot.

Camp sessions will be coupled with technique, intense drilling, and live wrestling! Make sure you are prepared to train hard! *These are overnight OR commuter camps.* All food and drinks will be provided at camp. 1-12th grade.

PACKAGE DEAL- ATTEND BOTH CAMPS FOR \$185 (\$25 DISCOUNT!)

OCTOBER 17-18 Cost: \$105

Super 32 and Preseason Nationals are approaching fast! Take this opportunity to get yourself mentally and physically ready!

Friday: Check-In 6:00p First Session 6:30-8:30p

Saturday: Sessions 9:00-11:00a, 1:00-3:00p, 5:00-7:00p Check-out 7:00p

NOVEMBER 7-8 Cost: \$105

This camp is designed to prepare you for early season competition. The camp will concentrate on instilling the technique learned through intense drilling and live wrestling!

Friday: Check-In 6:00p First Session 6:30-8:30p

Saturday: Sessions 9:00-11:00a, 1:00-3:00p, 5:00-7:00p Check-out 7:00p

Register Online

www.GoldenCrossWrestling.com

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APPLICATION ON BACK FOR MAIL IN REGISTRATION



Golden Cross Wrestling

PRE SEASON CAMPS

Avery Zerkle

Head Coach La Salle High School
 Head Coach Springboro HS 2006 - 2008
 Head Coach Graham Jr. High 2003-2006
 Volunteer Assistant Graham High School 2002
 2x NCAA Qualifier at Lock Haven University
 NCAA Eastern Wrestling League Champ
 NCAA Pennsylvania Athletic Conf. Champ
 OH State Champ/State Runner-Up Graham HS
 Jr. National Freestyle Duals National Champ
 Jr. National Freestyle All-American
 Sr. National All-American

Jacque Boggs

Currently Assistant Coach Cincinnati La
 Salle High School
 Head Coach at Cincinnati Academy of
 Physical Education (7 state placers)
 Assistant Wrestling Coach at Princeton
 High School (District, City Champs)
 Assistant Coach for the College of Mt.
 St. Joseph (4 All-Americans)

Max Byrd

4 x Ohio HS State Placer
 2 x Ohio State Finalist
 3x District champ
 160 High School Wins
 Ashland Univ., NCAA Qualifier
 Plans on being a teacher and
 coach

Golden Cross Wrestling's Virtue and Leadership Training

Looking for more than just wrestling training for your athlete? Every Golden Cross Camp has virtue and leadership training entwined into the daily system. Our staff will talk about and mentor on "the virtue of the day" as well as motivate each camper to be a leader in some aspect of their life.

****Register online www.GoldenCrossWrestling.com***
Or Mail in this application

Name: _____ Age at Camp: _____ Weight at present: _____ Grade: _____

*E-mail: _____ *A confirmation will be sent by e-mail Cell Phone: (_____) _____



OCTOBER 17-18



NOVEMBER 7-8

Camp Cost: \$105 Please send full payment with camp application to hold spot.

***PACKAGE DEAL- ATTEND BOTH CAMPS FOR \$185 (\$25 DISCOUNT!)**

Make Checks Payable to: La Salle High School

Send Application to:

**Golden Cross Wrestling
 3651 Millville Shandon Rd
 Hamilton, OH 45013**

937-631-2099

www.facebook.com/GoldenCrossWrestling

