



LINDSEY WILSON COLLEGE

WRESTLING CAMPS

2014 Camp Dates:

All camps will be held at Lindsey Wilson College.

Ruff Ryder's Near Fall & Pinning Camp • June 15-17\$225.00 (\$100.00 Deposit)

This camp is designed to elevate your wrestling skills on top to maximize your potential for scoring points in big matches. **Registration:** June 15 at 9 a.m. CT at Smith Hall • **Check-out:** 4 p.m. on June 18

Elite on your Feet Takedown Camp • June 19-21\$225.00 (\$100.00 Deposit)

Learn to become a Takedown machine at this camp. Drilling the most successful takedowns with us will enable you to become unstoppable. **Registration:** June 20 at 9 a.m. CT at Horton Hall • **Check-out:** 4 p.m. on June 23

All Business Intense Training Camp • June 23-26\$300.00 (\$150.00 Deposit)

Gain an edge on your competition at this Elite level intensive camp. Learn high level drills and learn about mental toughness. **Registration:** June 24 at 9 a.m. CT at Horton Hall • **Check-out:** 4 p.m. on June 28

Our mission: LWC Wrestling believes in creating Champions, we want to provide you with the tools to succeed in wrestling and in life! That is why our camps are designed to create a powerful, long lasting impression. Each camp is specifically designed for you to maximize your potential as a wrestler. Don't take our word for it, come to our camps and let the results speak for themselves!

Clinicians:



Corey Ruff

Head Coach, Lindsey Wilson College

-Coach Ruff has coached LWC to three consecutive top 5 finishes at the NAIA National Tournament
-Coached a total of 11 National Champions, 52 All-Americans and 6 top 5 finishes at all three schools



Abe Cross

Head Assistant Coach,
Lindsey Wilson College

-Former Michigan State Varsity Wrestler,
-Coached All-Star teams at Disney Duals, Red Arrow Wrestling Club, Perry Wrestling Club and Green River Wrestling Club



- **Jameel Bryant**
2X NAIA National
Champion



- **Joe Cozart**
2014 - 157 Pound
NAIA National Champ



- **Charlie Pingleton**
2012 - 157 Pound
NAIA National Champ

Other clinicians include: LWC Assistant Coaches Derek Nickel, Myron Bradbury, James Haywood and Andrew Hairston along with current LWC wrestlers.

***Deposit for Camp and Application are due by June 10, 2014**

****All camps include housing, food and an official camp t-shirt.**

*****All Camps are limited to the first 100 athletes who sign up – secure your spot quickly!**

If you have questions or concerns please contact Assistant Coach, Derek Nickel at (270) 634-2063 or by email at derek.nickel@lindsey.edu.