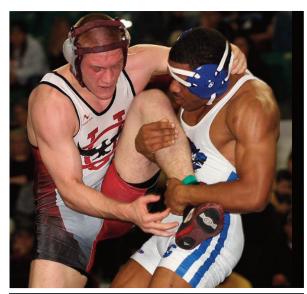


Our mission: LWC Wrestling believes in creating Champions, we want to provide you with the tools to succeed in wrestling and in life! That is why our camps are designed to create a powerful, long lasting impression. Each camp is specifically designed for you to maximize your potential as a wrestler. Don't take our word for it, come to our camps and let the results speak for themselves!

## APRIL 19, MAY 3 and JUNE 7 FROM 9 A.M. - 7 P.M. CT

## WHERE: Lindsey Wilson Wrestling Room

## **COST:** \$50/WRESTLER Due at Registration



ABOUT THE LWC WRESTLING PROGRAM

Program accomplishments past 2 seasons:

10 - All-Americans
5 - National Finalists
3 - Academic All-Americans
2 - National Champions
2 - Top 5 team finishes

Each date will be an intense training session with Technique, Drilling and Live wrestling. This boot-camp is designed to create an environment of hard work and mental toughness. Athletes will be wrestling for the entire session with a brief break every hour. This is a truly unique way to train, so come prepared!

> Limited to the first 75 wrestlers who show up at each session. To reserve a spot, contact Assistant Coach, Derek Nickel **derek.nickel@lindsey.edu**, or visit: *https://www.facebook.com/ LindseyWilsonCollegeWrestling*