



**WWW.GoldenCrossWrestling.com**  
**2013 Golden Cross Wrestling Academy**  
**JR HIGH DUALS (7-8<sup>th</sup> Grade)**

Saturday, November 30th  
 (\*Accepting first 5 Teams)

- Where:** Cincinnati La Salle High School 3091 North Bend Rd, Cincinnati OH 45239
- When:** Saturday November 30th, 2013
- Team Check-In** 11/30 Saturday 10:15 am
- Weigh-ins** 11/30 Saturday 11:00am (Must wear Singlet)  
 Roster changes will be accepted until the close of weigh-ins.
- Awards:** Team Awards 1st Place
- Start Times:** Wrestling Starts at 12:00pm (will wrestle 5 rounds, no breaks)  
 (Would start earlier but Basketball practices Saturday morning in Gym)
- Entry Fee &** \$250 Per Team
- Registration** To secure spot teams must mail team information & \$100 deposit to:  
 Golden Cross Wrestling 3651 Millville Shandon Rd Hamilton, OH 45013
- Rules:** Accepting ANY Jr High teams, Combined Club, Elite Travel Teams, the tougher the better  
 Singlets, Headgear, Mouth Guards for wrestlers with braces required.  
 3 Periods 1.5 Minutes  
 All Teams are to provide 2 Table workers, will follow team.
- WT. CLASSES:** (no weight allowance)  
 80 86 92 98 104 110 116 122 128 134 142 150 160 172 205 245
- Admission:** Adults \$5, Students \$3 - Children 5 & Under Free.
- Hotel:** Holiday Inn Express- West Cincinnati (513) 574-6000
- Contact:** Tournament Directors Avery Zerkle [averyzerkle@hotmail.com](mailto:averyzerkle@hotmail.com) 937-631-2099  
 Jeff Byrd [thebyrds90@gmail.com](mailto:thebyrds90@gmail.com) Rex Baker [rex.baker@lexisnexis.com](mailto:rex.baker@lexisnexis.com)  
 Ken Dunn [kenwdunn@gmail.com](mailto:kenwdunn@gmail.com)